



Double up!

10	20	30	40
T		4 I	
3			
40			40
		5	
30		I	
2			
20		6 II	
10		10	
1		1	
10	20	30	40
		7	

10	20	30	40
T	9		
		3 I	8
40			40
		4	
30		I	
2			
20		5 II	
10		10	
2		1	
10	20	30	40
		6	

10	20	30	40
T	8		
		I	7
40			40
		3	
30		I	
2			
20		4 II	
10		10	
3		1	
10	20	30	40
		5	

10	20	30	40
T	5		
		I	4
40			40
		6	
30		I	
20		7 II	
10		10	
4		1	
10	20	30	40
		2	
		8	

10	20	30	40
T	5		
		I	4
40			40
		6	
30		I	
20		7 II	
10		10	
5		1	
10	20	30	40
		2	
		8	

10	20	30	40
T	5		
		6 I	4
40			40
		7	
30		I	
20		8 II	
10		10	
6		1	
10	20	30	40
		2	
		9	

10	20	30	40
T	6		
		I	5
40			40
		7	
30		I	
		4	
20		8 II	
		3	
10		10	
7		1	
10	20	30	40
		2	
		9	

10	20	30	40
T	6		
		7 I	
40			40
		8	
30		I	
		5	
20		2 II	
		4	
10		10	
8		1	
10	20	30	40
		3	
		9	

10	20	30	40
T			
		9 I	
40			40
8			
		6	
30		I	10
		7	
20		11 II	
		2	
10		10	
9		3	
10	20	30	40
		4	
		12	

Do you find, like most of us, that you rarely pull out your spread jumps during practice? And then you wonder why your dog knocks bars on the double in a trial? This set of exercises is designed to cure that. The exercises incorporate the double jump and provide opportunities to practice sending and turning over the double. If you don't have an actual double jump, just use two singles back to back. Measure the distance between the poles so you are within the prescribed guidelines. I've provided the AAC guidelines below for convenience.

Jump height	Width
26"	15"
22"	15"
16"	12"
10"	8"

The diagrams are arranged in a 3x3 grid, numbered 1 through 18. Each diagram is set on a 40x40 grid with markings at 10, 20, 30, and 40 on both axes. The exercises include:

- Numbered circles (1-13) representing dog positions or jump heights.
- Vertical bars representing jumps.
- Horizontal bars representing jumps.
- Target symbols labeled 'T'.
- Curved arrows indicating the dog's path.
- Dotted lines representing a sequence of jumps or a path.